

A SWEET HALLOWEEN FOR ALL

Halloween is just around the corner and autumn is in the air. We love the feeling of cooler breezes on our skin, inhaling the smells of pumpkin spice, candy corn, and pencil erasers while listening to the sounds of The Monster Mash and squawking kazoos. Wait...the sound of kazoos? The smell of pencil erasers? If you don't associate Halloween with noisemakers, plastic toys and other non-food treats, you probably don't know many kids with life-threatening food allergies or other issues like celiac disease or diabetes, that require the avoidance of certain foods. As the number of kids with dietary restrictions grows, we can still include them in the fun of the holidays, even on a food treat day like Halloween.

This year, as you stock up on bags of candy, take a moment to pick up some non-food treats to offer trick-or-treaters who have to avoid candy. The website for FARE (Food Allergy Research & Education) offers downloadable signs for their Teal Pumpkin Project, "a worldwide movement to create safer, happier Halloween for all kids." A teal pumpkin sign at your door lets kids in your neighborhood know that non-food treats are available. Check out their website www.foodallergy.org for more information, free resources, and treat ideas.

A bulk bag of plastic spider rings can cost about as little as a bag of candy, and for many kids will be enjoyed for longer than the time it takes to eat a roll of Smarties. If you plan ahead, you can get great deals online at Amazon or McPhee.com. Last minute bulk deals can be found at the dollar store too. Refer to this list for ideas as you shop:

Non-food treats for Halloween

Plastic spiders and snakes and eyeballs and other spooky stuff, stickers, noisemakers and kazoos, vampire fangs, bouncy balls, trading cards, pencils and decorative erasers, glow sticks, bracelets and toy rings, crazy straws, bubbles, whistles, bookmarks, and (our favorite as a kid) pennies and quarters

Add some non-food treats to your give-away this year — kids with food restrictions will be thrilled that their neighbors are making them feel safe and included!

**I SUPPORT A SAFER,
HAPPIER HALLOWEEN**



TEALPUMPKINPROJECT.ORG
#TEALPUMPKINPROJECT

Quarterly Newsletter from Northstar Legal Inc.

NorthStar Legal, Inc. is excited to present to you our quarterly newsletter, POLARIS!

Since early times, navigators have used Polaris, also called the North Star, to guide them towards their destinations. At NorthStar Legal, our goal is to assist you in navigating your hiring process.

A Note From the Editor

This summer has been ever so eventful! New clients, new sponsorships, new connections and a never ending supply of new candidates! This year, NorthStar Legal, Inc. became a Patron Sponsor of the CFPA, Central Florida Paralegal Association. We are very excited about the future connections and contributions we will make through this amazing association. I look forward to working with them as well as with all of you, too!

-Jennifer Magnusson



SPOOKY QUOTES :

"Words have no power to impress the mind without the exquisite horror of their reality."

~*Edgar Allan Poe*

"Despair has its own calms."

~ *Bram Stoker*

"Monsters are real, and ghosts are real too. They live inside us, and sometimes, they win."

~ *Stephen King*

"The oldest and strongest emotion of mankind is fear, and the oldest and strongest kind of fear is fear of the unknown"

~ *H. P. Lovecraft*

CORNY HALLOWEEN JOKES:

Q: What kind of tie does a ghost wear to a formal law office party?

A: A boo-tie.

Q: Why did the Headless Horseman go to law school?

A: He wanted to get ahead in life.

Q: Why did the game warden arrest the ghost?

A: He didn't have a haunting license.

Q: What did the judge say to the devious skeleton?

A: "I know you're lying because I can see right through you!"

Q: Why did the vampire need mouthwash before her trial?

A: Because she had bat breath.

Q: Why wasn't the vampire working?

A: He was on a coffin break.



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